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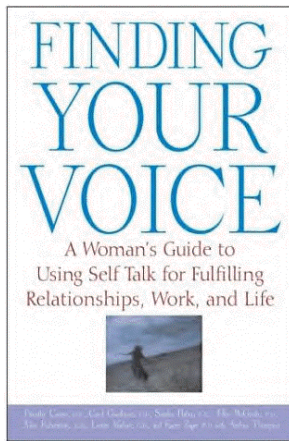
A Brand New Book for Women

Finding Your Voice

**A Women's Guide to Using Self-Talk for
Fulfilling Relationships, Work, and Life**

by

**Drs. Dorothy Cantor, Carol Goodheart, Sandra Haber,
Ellen McGrath, Alice Rubenstein, Lenore Walker, & Karen Zager**



***Finding Your Voice* reveals why so many women feel stuck, dissatisfied, frustrated, and anxious despite the fact that women today enjoy greater freedom and more options than ever before.**

***Finding Your Voice* dissects the messages and widely promoted images that tell a modern woman how she should look, think, act, and feel-----about her body, sexuality, relationships, money, career-- --and shows how to hear the one voice that really counts, her own.**

***Finding Your Voice* presents the combined wisdom of a group of seven women psychologists, offering \$1000 worth of therapy insights for the price of a book.**

“This unique and powerful book is a must read for any woman on a path of self-discovery and personal empowerment. Authored by 7 leading female psychologists, *Finding Your Voice* is full of inspiring wisdom and practical tools, and will give the reader thousands of dollars worth of therapy for the price of one book!”

Barbara DeAngelis Ph.D.

“In this remarkable new book, a team of highly credentialed psychologists shows women how to overcome unproductive, blameful thoughts and unrealistic expectations – the things they tell themselves about how their marriages, friendships, children, and careers should be.”

*Lawrence Balter, Ph.D. Professor of Applied Psychology at New York University and
Co-author of Child-Psychology: A handbook of Contemporary Issues*

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